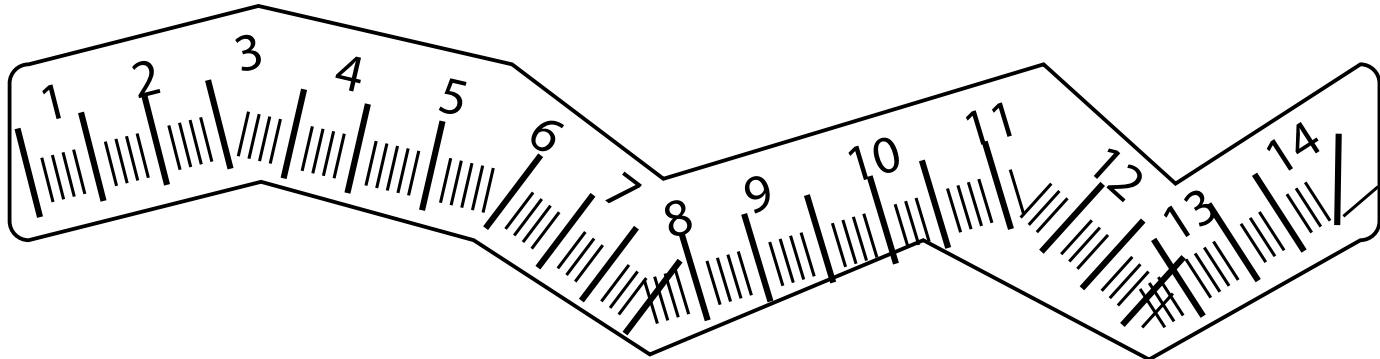


## Parent Connection

The subject that we are studying right now is the Human Body and how it is affected by Nutrition and Health.

# Arm's Length

Measure your arm length in inches and compare it to a parent's arm length in inches. Subtract the results. How much shorter is your arm?



## My Personal “Human Body” Goals

Make a big goal related to learning about the human body. This should be a goal you’d like to achieve by the end of the school year. Maybe you’d like to learn about all your body’s systems. Or maybe you’d like to become an expert on one system. Once you’ve decided what your big goal is, make some smaller, easier goals. One example is to read about a different body system every month. The smaller goals should help you eventually reach your big goal.

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My Family’s Goals:

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