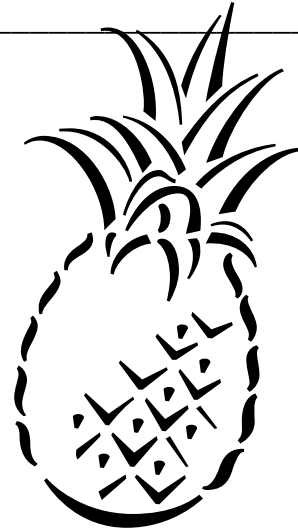
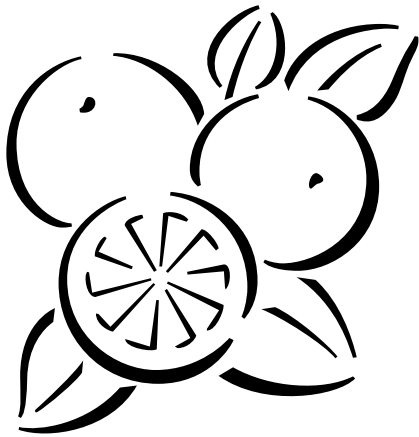


Parent Connection

The subject that we are studying right now is Food Groups and how they affect Nutrition and Health.

Produce Colors

What colors do you see in the produce part of the grocery store? Make a list of the colors and the foods.



DID YOU EAT FRUIT?

Think about what you ate yesterday. Did you eat any fruit? If you did, write it down :
